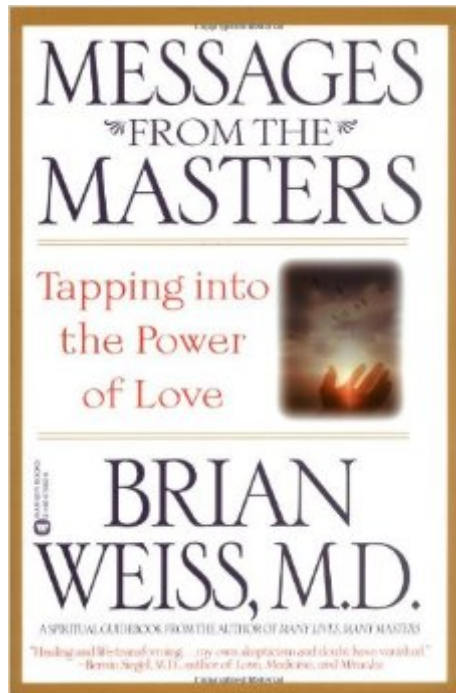


The book was found

Messages From The Masters: Tapping Into The Power Of Love



Synopsis

The true story of a prominent psychiatrist, his young patient, and the past-life therapy that changed both their lives. As a traditional psychotherapist, Dr. Brian Weiss was astonished and skeptical when one of his patients began recalling past-life traumas that seemed to hold the key to her recurring nightmares and anxiety attacks. His skepticism was eroded, however, when she began to channel messages from the "space between lives," which contained remarkable revelations about Dr. Weiss' family and his dead son. Using past-life therapy, he was able to cure the patient and embark on a new, more meaningful phase of his own career.

Book Information

Paperback: 262 pages

Publisher: Warner Books; Reprint edition (April 1, 2001)

Language: English

ISBN-10: 0446676926

ISBN-13: 978-0446676922

Product Dimensions: 5.5 x 0.8 x 8.2 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (249 customer reviews)

Best Sellers Rank: #20,392 in Books (See Top 100 in Books) #32 in [Books > Religion & Spirituality > New Age & Spirituality > Reincarnation](#) #44 in [Books > Medical Books > Psychology > Clinical Psychology](#) #131 in [Books > Religion & Spirituality > New Age & Spirituality > New Thought](#)

Customer Reviews

The "Masters" are highly evolved souls not in physical form who pass along messages of love, wisdom and universal truth. Psychiatrist Brian Weiss, famous for his books on reincarnation, received these messages through various means including his own meditations and the past-life regressions of his patients. Whether someone is a long-time spiritual seeker or just beginning their spiritual journey, there is so much of value in this book! In each chapter, I'm impressed by 3 things: (1) the quote from the masters that opens the chapter, (2) the amazing stories Weiss shares, and (3) the plethora of practical advice. (1) Each chapter begins with a quote from the masters about 1 to 2 paragraphs long-a lot of wisdom packed into a few words. These messages include the importance of love, forgiveness, patience, meditation and visualization; and information about reincarnation and life in spiritual form. Although these messages corroborate other spiritual and

metaphysical books I've read, it's great to have messages on so many topics succinctly boiled down to their essence in one book.(2) Each chapter contains fascinating stories that reinforce the masters' quote which begins the chapter. The stories come from many sources including Brian Weiss' life, his regression patients and workshop participants, and experiences with talented mediums such as James Van Praagh. The stories are truly amazing, and if the reader believes the author is telling the truth, provide incontrovertible evidence the existence of the soul outside the human body via out of the body-, between life-, and reincarnation experiences. I recognized several stories from Weiss' previous books, but most were new.

Reincarnation. Many people believe we are on this planet to learn lessons, a spiritual school of sorts, and we keep returning until we get it right. While others still hold true to the tenets of their religions: We go to Heaven if we're good and to Hell if we're bad. While the belief in reincarnation has been part of the teachings in the eastern countries for centuries, it is a relatively new concept for many in the west. Have you ever visited a place for the first time and known where to find everything without the use of a guidebook or map? You just knew as though you had lived there before. Well, maybe you did live there in a previous life. Psychiatrist Brian Weiss has spent the past twenty years learning more and more about reincarnation and past life regression. His fourth book, "Messages From the Masters: Tapping Into the Power of Love," promotes what Weiss feels is the most important lesson we can learn - Love. Weiss hasn't always believed in reincarnation. In fact, as a respected Yale University trained psychiatrist, he dealt in scientific fact. But, twenty years ago, when a patient visited his office for treatment to rid herself of numerous phobias, his beliefs slowly began to change. Weiss calls this patient Catherine in his first book, "Many Lives, Many Masters." In the book he tells the story of how when he used traditional regression therapy, sending Catherine back into her memory to her childhood to find the root of her fears, he was astonished to find her describing a life 4,000 years ago in a place like Babylon where she died in a flood. Weiss at first thought Catherine was experiencing a fantasy, or maybe remembering a movie. In any case, her fear of drowning disappeared.

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